



## **TRINIDAD & TOBAGO CULTURAL SOCIETY OF BRITISH COLUMBIA**

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### **Independence Celebration Menu September 24, 2011**

#### **SALADS**

Wild & Gathered Greens with Fresh Berries and Roasted Garlic Vinaigrette

Spicy Bean Salad -- Island Style

Classic Caesar Salad with Herbed Croutons and Regiano Parmesan

Butter Lettuce Salad with Mixed Peppers, Asparagus and Sundried Tomato Vinaigrette

Stuffed Avocado Salad

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#### **MAIN COURSES**

Fire Roasted Jamaican Spiced Chicken

Curry Lamb

Baked Eggplant Tobago

*Accompanied with*

Garlic & Lemon Roasted Nugget Potatoes

Caribbean Rice Pilaf (parboiled with Pigeon Peas)

Fresh Roasted Seasonal Vegetables

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#### **DESSERTS**

Sliced Fresh Fruit and Seasonal Berries

Chocolate Mousse

Assorted Cheesecakes Fruit Pies, Tortes and Cakes

Mango Ice Cream

Executive Blend Gourmet Coffees and Assorted Teas